



WA Junior State Team – Team Coach Responsibilities

Being a member of the State Team is about being a part of a team environment of support and encouragement for all athletes to achieve their best.

Primarily responsible for ensuring the athletes' preparation for the event, and technical support during the event.

This position reports to the WAMBA President and works with the State Team Support Staff, Event Organiser, parents and athletes.

Prior to Event

- Read Team Member nominations and have a copy on hand at the event. The nomination forms contain emergency information and key contact details.
- Invite athletes to share their training program and warm-up schedules with the Coaching Team.
- Collect relevant event information and liaise with WAMBA Secretary, who then communicates it out to the whole team and support staff.

During Event

- Organising and conducting a daily briefing for all athletes to assist with organising and communication.
- Relaying information from the Team Manager.
- Offering team training: warm-up and cool downs and training ride
- Giving a team walk through of the course - noting key stages and strategies for maximum performance. For example: racing lines in corners, jumps and straightaways.
- Instructing athletes of start times and making them responsible for starting on time.
- Advice on equipment and assisting athletes to do self-checks pre-event.
- Tactical advice on race strategy and overall event strategy as the event and results unfold.
- Encouragement to all athletes and their supporters for a positive experience and personal best.
- Manage personal expectations and provide feedback and review to athletes and parents.
- Assist and represent the athletes in seeking redress or discussions with officials and event organisers.
- Supervision and direction of the Team Mechanic.
- Selection of Base Camp and meeting locations for each day of the event, and sharing that information in a timely manner.
- Encourage team spirit.

Post Event

- Supply a report to the WAMBA Committee within two weeks of return from event on how the event went, issues and challenges, and suggested improvements for next year.
- Provide brief ½ page write up of event for inclusion in the WAMBA newsletter.